

RSE



Topic overview

Enjoy learning about the true value

of families and friendships!

Year group: 4

Term: Autumn

Families and friendships

Positive friendships, including online

Prior knowledge

• to recognise and respect that there are different types of families, including single parents, same-sex parents, step-parents, blended families, foster and adoptive parents

• that being part of a family provides support, stability and love

• about the positive aspects of being part of a family, such as spending time together and caring for each other

• about the different ways that people can care for each other e.g. giving encouragement or support in times of difficulty

• to identify if/when something in a family might make someone upset or worried

• what to do and whom to tell if family relationships are making them feel unhappy or unsafe

National Curriculum Objectives

By the end of primary school:

Pupils should know

• that healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.

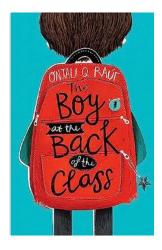
• the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.

• that the same principles apply to online relationships as to face-to-face relationships, including the importance of respect for others online including when we are anonymous.

• how to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met.

By the end of this unit, I will be able to:

- about the features of positive healthy friendships such as mutual respect, trust and sharing interests
- strategies to build positive friendships
- how to seek support with relationships if they feel lonely or excluded
- how to communicate respectfully with friends when using digital devices
- how knowing someone online differs from knowing someone face to face and that there are risks in communicating with someone they don't know
- what to do or whom to tell if they are worried about any contact online



Key vocabulary

Friendships, positive, digital devices, communicating, contact, online, healthy, differentiate, experiences, dares, pressures, confidence, harmful, pretending, recognise, gender, race, faith, values, respect, differences, include